



# The Peace Index

Everyone has a number over their heads.  
Wouldn't like to find out yours?

## Overview

Learn the secret of maturity - the ability to develop inner peace when there is no external peace. Find out which area of life is pulling your peace levels down and create a plan to counter the negativity. Learn how to keep the peace with a daily regimen designed to manage your emotions so that others don't have to manage your emotions. Learn how to help others increase their peace at work or at home. And so much more...

Jimmy takes a complex idea and breaks it down to make it actionable. This is the perfect remedy for the times we are living in.

### **This keynote serves leaders and teams who are:**

1. Aspiring for increased internal health
2. Increase empathy
3. Seeking the antidote to chaos

### **The audience will leave with:**

1. A personal peace plan
2. Intentional process for authentic empathy
3. Engagement-boosting strategies



Ask Jimmy to speak on the Peace Index via video call to your team. You will get Jimmy live via video to walk your team through the Peace Index process.